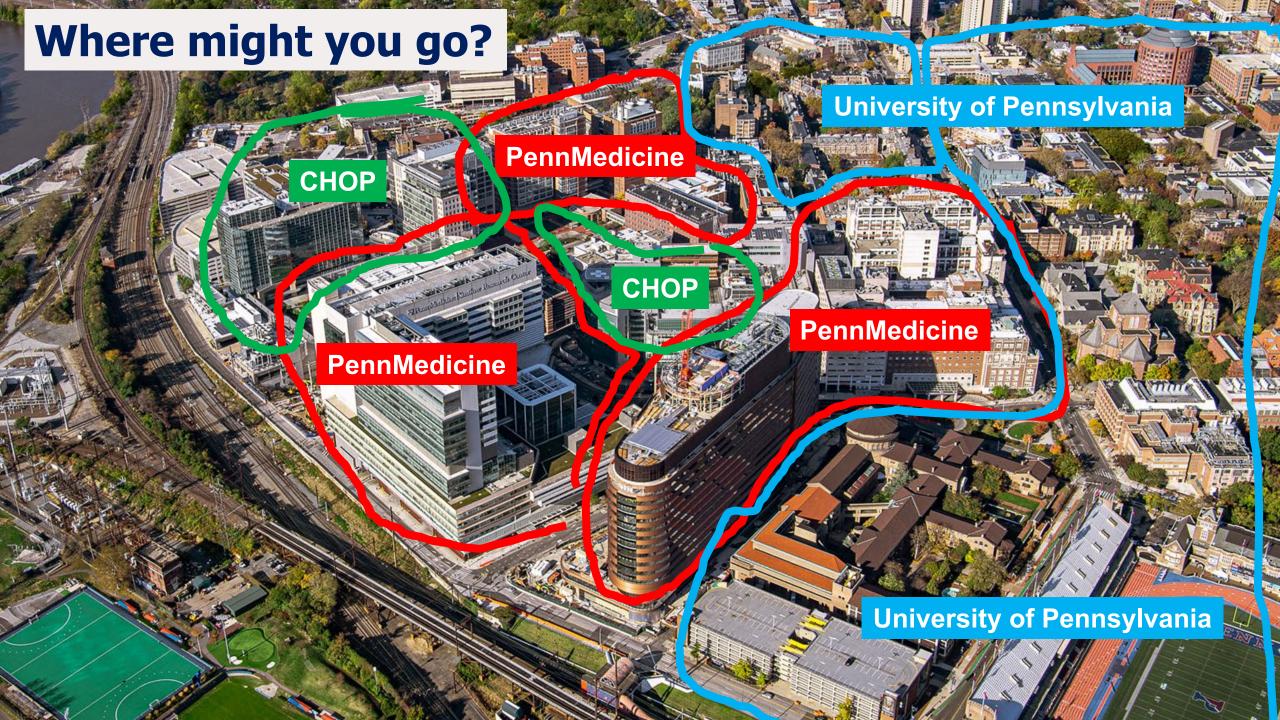
Summer Research Opportunities Information Session at the Town Hall

Skip Brass, MD PhD

Professor of Medicine and Pharmacology
Associate Dean, Combined Degree and Physician Scholar Programs
Director, Penn MSTP
November 30, 2020

Research Opportunities

- Summer Research (next summer)
 - Not limited to the summer (keep going)
- Scholarly Pursuit (MS3/4)
- > Year Out (following MS3) 12/7/20
- MD/Master programs
 - MBE, MPH, MSHP, MSCE, MSME, MTR
 - MBA (Wharton), ML (Penn Law)
- MD/PhD program



Topics for today

- Lessons learned Neil Menon (MS3)
- Step(ping) Up during COVID Cindy Christian, MD
- Website resources Francia Portacio, MPH
- APSA opportunities
 - Kaitlyn Shen, Nina Kuprasertkul, Kevin Zhang
- Lessons learned MS2 student panel Q&A
 - Rishi Goel, Faith Arimoro, Rohan Palanki
 - Maggie Tamburro, Audrey Luo, Ethan Fein

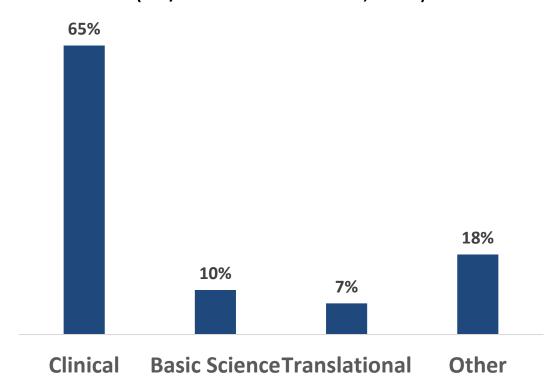
Lessons learned - Neil Menon



- PSOM S3
- PI of the PSOM Research Opportunity Surveys 2019-2020

During the MS1 summer, most MD candidates pursuing research conduct clinical research; Fewer conduct basic / translational

Type of Research Conducted During the MS1 Summer (MD/MD-Masters Candidates, n=100)



Source: Menon 2019 + 2020 MS2 Surveys 6

The process of finding a research opportunity can be challenging, and requires student initiative

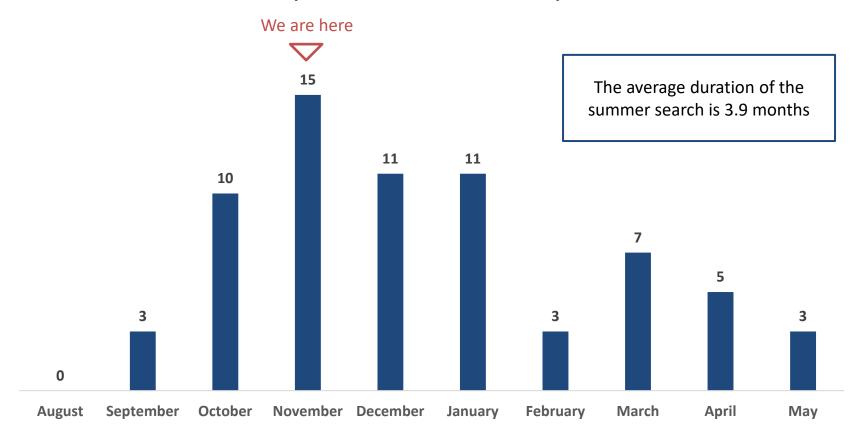
Challenges Experienced by MD Candidates in Summer Search



The summer opportunity search process often takes several months, and it helps to start early

When do MS1s Start the Summer Search?

(number of students, n=68)



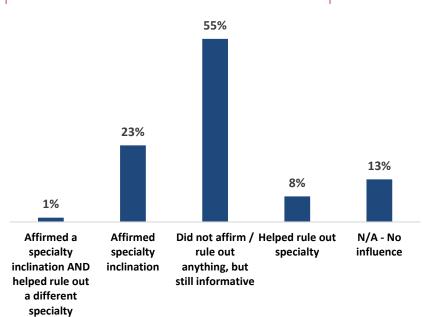
Source: Menon 2019 + 2020 MS2 Surveys

MS4s who did research reflect on their MS1 summer as a helpful experience, and are largely satisfied with their choice

How did MS1 Summer Research Affect Specialty Inclination?

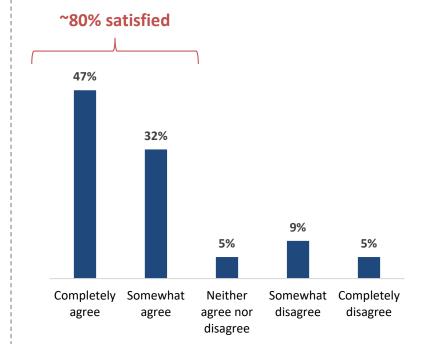
(% of respondents, n=78)

87% found it helpful



"I am Satisfied with my Choice of MS1 Summer Opportunity"





Source: Menon 2019 + 2020 MS4 Surveys

Stepping Up During COVID Cindy Christian, MD



- Professor of Pediatrics
- Anthony Latini Endowed
 Chair in the Prevention of
 Child Abuse and Neglect
- Assistant Dean for Community Engagement

Step Up a community bulletin board



Matching projects at Penn Medicine with people who can help



I'm looking for help

Create a project listing to recruit helpers. Search for available helpers with the skills and time you need and reach out to them directly.



I'm eager to help

Sign up as a helper to be discovered by project leaders and be notified of new projects. Search for projects that you want to help with and reach out directly to project leaders.



stepup.uphs.upenn.edu

П

Published Unpublished

Create a new project

67 of 67 projects visible.

Bookmarks

Type a keyword to filter...



URGENT STAFFING NEEDED

COSERCA (COVID-19 SERoprevalence in CAncer patients)

Posted on 6/30/20 at 10:20am · KaraN Maxwell

CATEGORY CONTACT

kara.maxwell@pennmedicine.upenn.edu

PROJECT DESCRIPTION

URGENT STAFFING NEEDED



Penn Med With You - UX/UI help needed

Posted on 5/28/20 at 9:25am · LaurenE Southwick

CATEGORY CONTACT

Quality improvement lauren.southwick@pennmedicine.upenn.edu

PROJECT DESCRIPTION

To build, test, and refine a digital, remote tool for Penn Medicine patients



HELP NEEDED

Health Care Disparities in Breast Imaging --Screening Mammography

Posted on 7/24/20 at 1:35pm · BrianS Englander

CATEGORY

CONTACT

brian.englander@pennmedicine.upenn.edu

PROJECT DESCRIPTION

Looking at health care inequities and disparities for screening mammography in Philadelphia (based at Pennsylvania Hospital). Have data based on race and religion for the past five years, with concerted efforts to recruit under-resourced and under-served patients to seek out hospital based screening mammography. Looking to pull together the data and present and publish this very timely study.

HELP NEEDED

Breast cancer genetics - Check out CHEK2!

Posted on 7/7/20 at 2:12pm · KaraN Maxwell

CATEGORY

CONTACT

kara.maxwell@pennmedicine.upenn.edu

PROJECT DESCRIPTION

The goal of this research project is to understand the pathogenesis of breast cancers that develop in women with inherited mutations in a gene called CHEK2. Unlike high risk germline cancer susceptibility genes like BRCA1/2, the risk of breast cancer is lower in women with CHEK2 mutations, and it is unclear if and how the mutation leads to breast cancer development. This project will involve:...





< Back to all projects

HELP NEEDED

Breast cancer genetics - Check out CHEK2!

Posted on 7/7/20 at 2:12pm by Maxwell, Kara N

PROJECT DESCRIPTION

The goal of this research project is to understand the pathogenesis of breast cancer germline cancer susceptibility genes like BRCA1/2, the risk of breast cancer is low cancer development. This project will involve:

- 1) Writing a review article on CHEK2 and other intermediate risk variants in breas
- 2) Working with the Maxwell Lab bioinformaticians to analyze whole exome seque patients without genetic mutations.

HELPER RESPONSIBILITY

Writing a review, analyzing data and writing a manuscript

PREFERRED BACKGROUND

Graduate student, Medical student pre-clinical, Medical student clinical

PREFERRED SKILLS

Clinical

ESTIMATED WEEKLY TIME INVOLVEMENT

11-20 hours

HEADCOUNT

Kara Maxwell

CONTACT NAME

TITLE

Assistant Professor

AFFILIATION

Perelman School of Medicine

EMAIL

kara.maxwell@pennmedicine.upenn.edu



PROJECTS

HELPERS

FAQ

ADMIN

HAS CAPACITY TO HELP Cindy Christian (!) **ABOUT** MS3 at Penn, likely applying pediatrics vs. anesthesia. Interests include medical education, ne... **AFFILIATION** Medical student clinical **INTERESTED IN** Medical education, , Technology SKILLS Clinical, Design, Software engineering, Other engineering ESTIMATED WEEKLY AVAILABILITY 11-20 hours

HAS CAPACITY TO HELP Rishi Goel **ABOUT** Current MS1 with experience in immunology research. Also some background in statistics. **AFFILIATION** Medical student pre-clinical **INTERESTED IN** , Quality improvement, , **ESTIMATED WEEKLY AVAILABILITY** 1-5 hours CONTACT rishi.goel@pennmedicine.upenn.edu



stepup.uphs.upenn.edu

Resources Francia Portacio, MPH



Associate Director,
 Combined Degree and
 Physician Scholars Program

Research Opportunities

Web Resources

Combined Degree and Physician Scholar Programs:

www.med.upenn.edu/educ_combdeg/

- MD/PhD, MD/Masters, events . . .

Research and Fellowship Opportunities for Penn Med Students

www.med.upenn.edu/mdresearchopps/

- Starting the process info, Funding opps, Research tips, Student advice . . .

www.med.upenn.edu/educ_combdeg/



Combined Degree and Physician Scholar Programs



Research Symposiums

Home

MD/PhD

MD/Masters ~

MD/JD

Research Opportunities

Events/Activities

Contact Us

Overview

The Combined Degree and Physician Scholar Programs Office serves as home base for Penn's large and vibrant MD/PhD (MSTP) program. In addition, we provide information and resources to prospective and current Perelman medical students who are interested in our MD/Masters programs, MD/JD program, and elective year out & short term research opportunities.

Combined Degree Programs

MD/PhD Program (MSTP)

MD/Master Programs:

www.med.upenn.edu/mdresearchopps/



Research & Fellowship Opportunities for Penn Med Students



Home

Starting the Process

Guidance ~

Opportunities ~

Research Resources ~

Events

Welcome Penn Med Students!

If you are thinking about an academic career and interested in conducting research during medical school as a step in that direction, you've come to the right place! This website has been designed to help Penn medical students navigate the many research options available. The most frequent scenarios are:

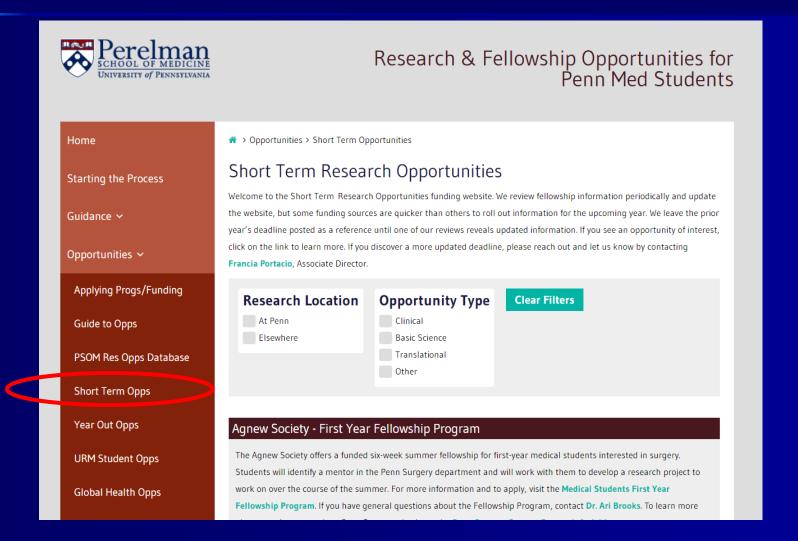
SUMMER RESEARCH

Medical students typically choose to do research between the first and second year of Medical School, though this does not count as credit toward graduation.

SCHOLARLY PURSUIT

Medical students, not enrolled in a Combined Degree program, will engage in some form of research for a minimum of three months to fulfill their **Scholarly Pursuit requirement** in Module 5. Some students will choose to do a full year of research.

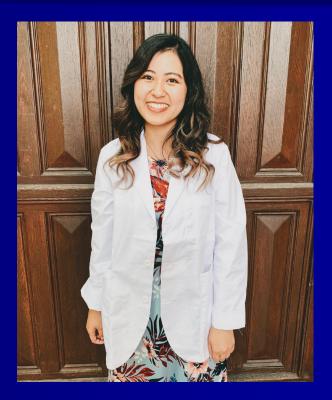
www. med.upenn.edu/mdresearchopps/



APSA: The American Physician- Scientists Association



Kaitlyn Shen MS2 in the MSTP CAMB



Nina Kuprasertkul MS2 in the MSTP CAMB

Penn APSA (American Physician-Scientists Association)

November 30th, 2020

What is APSA?



Mission: APSA aims to help physician-scientist trainees realize their educational and professional goals in an organization free from harassment or discrimination based on gender, orientation, race, ethnicity, or religion.

- Advancing opportunities for mentorship, community building of physician-scientists
- Career development information for student physician-scientists
- Most <u>representative voice and influential advocate to policymakers</u> regarding the need for supporting physician-scientist training

Four Yearly Meetings bringing together physician-scientists and trainees internationally.

- Annual Meeting held in conjunction with ASCI/AAP Meeting
- Regional Meetings held in Northeast, Midwest and Southeast

APSA Northeast Regional Meeting

"DYNAMICS OF DIVERSITY IN PHYSICIAN SCIENTIST TRAINING"

Saturday January 9th - Sunday January 10th

- Virtual, estimates ~200+ people attendance
- For current MSTP students, medical students, undergraduates, post-bacs, and high school students



Saturday, January 9, 2021 1:00 **Introductory Comments** 1:10 Keynote: Dr. Sunil Singhal 1:50 Keynote: Dr. Patricia Conrad 2:30 Break 2:45 Keynote: Dr. Vanessa Northington Gamble 3:30 Student Lightning Talks 4:00 **Breakout Sessions** 1. MD-PhD & VMD/DVM-Phd Admissions 2. Research-Track Residency Admissions

Sunday, January 10, 2021 1:00 **Introductory Comments** 1:05 Keynote: Dr. Katherine High 1:45 **Breakout Sessions (2 rotations)** 1. Physician Scientists in Industry 2. Physician Scientists in Humanities & Social Sciences 3. Physician Scientists in Academia 4. Work-Life Balance 3:00 **Break** 3:15 Student Lightning Talks 3:45 Keynote: Dr. Xilma Ortiz Gonzalez 4:25 **Ending Remarks and** Poster/Lightning Talk Prizes

APSA NE Regional Meeting Schedule

Opportunities for Outreach/Advocacy



- Sign up to be an APSA mentor!
- Be paired with a high school student, undergraduate, or post-bac interested in medicine/science.
- Contact Kaitlyn/Nina if interested.



Subcommittees

- Outreach (MD/PhD, VMD/PhD, Undergrad/Post-Bac, High School)
 - Reaching out to schools/programs in the NE region
 - Connect high school and undergraduate students with current MSTP students
- Poster Session Crew
 - Collect abstracts and organize lightning talks
- Technology/Logistics
 - Zoom logistics
 - Website/registration
- Design/Social Media
 - Make advertisements/announcements
 - Advertise speakers and conference on social media

Thank you!

Contact Kaitlyn/Nina if interested in mentoring or volunteering for a NERC subcommittee!

kaitlyn.shen@pennmedicine.upenn.edu

napasorn.kuprasertkul@pennmedicine.upenn.edu

Lessons learned - Audrey Luo



- MS2 in MSTP
- Neurosciences
- Worked with Ted Satterthwaite to examine whether increased irritability is associated with decreased fiber density in white matter tracts.

Lessons learned - Ethan Fein



- MS2 in MSTP
- CAMB
- Worked with Patrick Seale on a transcriptional mechanism that promotes adipocyte identity.

Lessons learned - Faith Arimoro



MS2

 Worked with Genevieve Kanter, an economist, on the correlation between physician-owned pharmacies and the over prescribing of expensive drugs.

Lessons learned - Maggie Tamburro



- MS2 in MSTP
- Bioengineering
- Worked with Lou Soslowsky to study molecular and morphological changes in tendons that occur after exercise.

Lessons learned - Rishi Goel



MS2

- Worked with Atheendar Venkataramani on the effects of socioeconomic and political characteristics on social distancing during COVID-19.
- Worked with Sarah Henrickson and John Wherry on immune dysregulation and thrombosis I COVID-19 patients.

Lessons learned - Rohan Palanki



- MS2 in MSTP
- Bioengineering
- Worked with Mike Mitchell on engineering novel lipid nanoparticles for in utero gene therapy applications.

Research Opportunities

Skip Brass, MD, PhD brass@pennmedicine.upenn.edu

Francia Portacio, MPH francia.portacio@pennmedicine.upenn.edu

Combined Degree and Physician Scholar Programs
The virtual 6th Floor of JMEC

The End